



# Tau Eta Zeta Times



## Unyielding Service – 10 Years and

### Going!

in 2003, Tau Eta Zeta Chapter (THZ) is elated to be celebrating its 10th year as a pivotal force in improving Baltimore City. Since its chartering the chapter has grown from 14 members to well over 75 driven and determined young women.

Some notable accomplishments are the establishment of three youth auxiliaries (Archonettes, Amicettes, and Pearlettes), the Sharon K. Harvey Memorial Scholarship Foundation, Inc., the Tamara D. Harris Continuing Education Scholarship, the Nichelle Scarborough Nursing Scholarships, the Archonette Book Scholarship, the establishment of a Stork's Nest with the Baltimore Health System at St. Agnes and a continued legacy of eight (8) intake lines totaling 53 New Members.

Tau Eta Zeta Chapter has also received numerous awards & certificates on the State, Regional and National level for their zealous work in the name of Zeta. As the chapter continues to celebrate their 10th year of service, they would like to thank all that have made their success possible.

To celebrate this auspicious occasion, THZ gathered at the beautiful M&T Bank stadium joined by members of Alpha Zeta Chapter, Delta Zeta Zeta Chapter, Tau Delta Zeta Chapter, Brothers of Phi Beta Sigma Fraternity Inc. and Members of Kappa Alpha Psi and Omega Psi Phi Fraternity Inc. It was a wonderful sight to behold as you walked in and saw the beautifully illuminated signs broadcasting Zeta Phi Beta Sorority Inc., Tau Eta Zeta Chapter and the Sorority Shield. During the event, the chapter took a walk down memory lane reviewing photos of the various service projects and activities. Special presentations were presented to the charter members and the past Presidents. The evening culminated with the dancing and cheer. Kudos to Sorors Lisa M. Hudley and Joyce Nance-Frierson for their direction as chairs of the Anniversary Committee.



THZ's Past & Current Presidents (L to R): 3<sup>rd</sup> President Wanda A. Calvin Claiborne (2011-2013), 2<sup>nd</sup> President Lisa M. Hudley (2007-2011), President Emeritus Tamara D. Harris (2003-2007) & Current President Kimberly B. Whitaker

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## Zeta Trivia

Answer the question first and win the prize. Send your answer to [newsletter@zphib-thz.org](mailto:newsletter@zphib-thz.org).

**During what year and event was the Zeta Headquarters dedicated?**

**Kimberly B. Whitaker**  
Chapter President

**Tamara D. Harris**  
Newsletter Editor

### Newsletter Committee

Josephine C. Barton

Tiffany Clemmons

Celere N. Leonard

Lisa M. Hudley, Consultant

## Message from Tau Eta Zeta's President

**"Building on the Principles of Zeta While Blazing New Paths"**

— International Grand Basileus, Mary Breaux Wright

Greetings!!!

It is my pleasure to serve as your president for the next two years. I am humbled to follow the wonderful Sorors who have served as Past Basilei before me.

Now that summer is gone and a new sorority year has begun, it's time to kick it in gear and let our Zeta light shine bright in the Metropolitan Baltimore Community

My vision is simple – to uphold Zeta's principles and implement the programs and vision of our International President.

We are an awesome group of women who, in addition to being leaders in our personal and professional lives, we have chosen to be Finer Women by giving back in the community. Serving in the community through Zeta is a noble calling and a privilege.

I am excited about propelling Tau Eta Zeta Chapter to the next level. Together, we can not only succeed but excel. Let's do it!

Yours in Service,

Soror Kimberly B. Whitaker

Chapter President 2013-2015



## The Road to Recruitment, Reclamation and Retention

by Soror Camelia D. Clark '92

The Membership Committee is excited about the 2013-14 sorority year.

The Committee's main objective is to strengthen & cultivate our bonds of Sisterhood through various activities and programs. We began the Sorority year focusing solely on Reclamation & Retention to ensure that we meet the needs of our current sorors and support the transferred Sorors.

THZ launched its *"Welcome Home to Zeta Campaign"*. This monthly campaign reaches more than 30 inactive sorors to encourage their return to active status with Zeta with invitations to attend chapter meetings & events.

November kicked off THZ's *"Sister 4 Life" Campaign*, where sorors randomly drew another soror's name and was charged to engage with and get to know her better during the course of the sorority year. Sorors were encouraged sorors to call, email, send cards, check on one another and really have meaningful dialog. Every month a soror will share what she learned about the other soror & how they kept in contact.

To foster a smooth transition, THZ will launched the *"Sister Buddy"* program which assigns each newly transferred soror with a soror from the Membership committee to help aid in the acclimation process to the chapter.

## Math Night @ Edgecombe

### Circle

On Thursday, October 24<sup>th</sup>, Tau Eta Zeta joined the math teachers and the Family/Community Engagement Council of Edgecombe Circle Elementary/Middle School in hosting an



evening of fun, games, music, and enrichment. Parents were invited to accompany their children and engage in math activities that would both empower parents to get involved in student's work and offer ideas for practical tools to assist parents in the home like the internet, the sports pages and store ads from newspapers, and simple playing cards. THZ also provided healthy snack bags for students. Tau Eta Zeta and Edgecombe Circle have established a partnership through the Z-HOPE Adopt-A-School Initiative which is also supported by Baltimore City Public Schools.



## Habitat for Humanity

by Lisa M. Hudley '93



In honor of celebrating 10 years of unyielding service, Tau Eta Zeta along with Tau Delta Zeta Chapter (Laurel, Maryland) volunteered on a joint community service project with the Habitat for Humanity of the Chesapeake. On May 5, 2013, the kick off for Women's Build Month, over 50 sorors from these two chapters came together in the name of service and sisterhood to help rebuild the McCabe neighborhood in East Baltimore City. Sorors served the community by painting, doing demolition work in several homes along with cleaning up the neighborhood playground. It was a lot of hard, sweaty work but it was also very rewarding. Hopefully, this will be the beginning of a long lasting partnership.

## Tau Eta Zeta Converged on Buffalo!

With 37 members proud and strong, Tau Eta Zeta Chapter emerges on Buffalo to attend the 55<sup>th</sup> Atlantic Regional Leadership Conference. Under the awesome leadership of THZ's 4<sup>th</sup> President, Kimberly B. Whitaker, chapter members attended the very informative workshops, attended business sessions and evening functions and networked with other phenomenal women from the region. Tau Eta Zeta is so proud of its delegates, Soror Ruthann Mohammed and Breyon Whittington for representing and being the voice of the chapter. During the conference, the chapter received three awards: 3<sup>rd</sup> Place Z-HOPE Awards – (2011-12), Most New Members – (2011-12 & 2012-13)

A special shout out to the following chapter sorors for volunteering during the Regional Conference.

- Sorors Josephine Barton, Tamara D. Harris, Cherie Peay – Constitution & By-Laws Committee
- Soror Whitney Brown –Zumba Instructor
- Soror Wanda A. Calvin Claiborne –Regional Conference Meeting Coordinator
- Soror Camelia D. Clark – Escort for International President, Mary B. Wright
- Soror LaSean Gooden – Escort for Southeastern Regional Director, Felicia Scott-Strickland
- Sorors Tymeerah Butts-Grandy and Theresa Lewis – Scholarship Committee
- Soror Lisa M. Hudley – Zeta Dove & Life Members Luncheon Committees
- Soror Sherris Mundell – Zeta Dove Committee
- Soror Tiffany Pimble – Business Session Door Keeper
- Soror Kimberly B. Whitaker – Rededication Committee



## Healthy Living

by Celere N. Leonard '04

Tau Eta Zeta Chapter would like to commend and congratulate, Soror Kim Beverly-Muhammad on completing the Marine Corp Marathon on Saturday, October 27, 2013 with a time of 5:54:23. We are so proud of Soror Beverly-Muhammad.

THZT: When did you start running?

KBM: I began running two years ago this November.

THZT: What inspired you to start running?

KBM: I was inspired to run for my sanity and for a piece of mind. I was diagnosed with depression back in 2003 and did not want to take medication and was looking for a natural way to deal with it. As time and age went on I can tell that the depression was starting to finally take a toll on me so I turned to running after learning about Black Girls Run!

THZT: What have you found personally rewarding about running?

KBM: What I find most rewarding is a sense of accomplishment when I cross finish line and looked at my time and how it improved from two years ago and I say to myself, "I did that!"

THZT: What inspired you to run a marathon?

KBM: One day I decided that I wanted to run one in the near future, but I just didn't know how near in the future it would be. A group of us decided together that we would sign up for the Marine Corp Marathon and vowed to train and support each other no matter what and that is exactly what we did. It was an awesome experience and if I had to do it all over again I would.

THZT: What was your most memorable moment of running your first marathon?

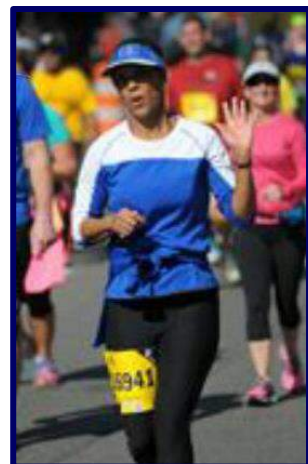
KBM: I would say crossing that finish line in pain because my knees cramped up between mile 21 and 22. My girl Melissa who was there from the start stayed with me the entire race and would not leave my side even though my knees had enough. It was great training with a group of wonderful and supportive women and we each stayed with someone and supported each other along the way.

THZT: What's the best advice you can offer for beginning runners?

KBM: Find a training program that is right for you and follow it and on race day to trust your training and enjoy your time on the route because the crowd participation was awesome.

THZT: What's your favorite running related quote?

KBM: "It not how you start, but how you finish!"



## Zeta Day on the Hill

September 18, 2013 kicked off another great day for Zeta Phi Beta Sorority on the historic Capitol Hill in Washington DC. Tau Eta Zeta Chapter's Basileus, Soror Kimberly B. Whitaker, along with Sorors Vanessa Arnold, LaKiesha Brown, Kimberly Carter, Tamara D. Harris and Theresa Lewis joined sorors from across the nation for a day of empowerment, education and uplift. They attended the various workshops and the National Pan Hellenic Council Forum while enjoying the opportunity to bond with sorors and speak to various community and political leaders. It was delightful to hear the motivational speech of the 24<sup>th</sup> International Grand President, Soror Mary Breaux Wright. This was truly a wonderful planned event.

Sorors LaKiesha Brown, Theresa A. Lewis, Kimberly B. Whitaker, Kimberly Carter, Vanessa Arnold and Tamara D. Harris

## ZOL: Developing Our Leaders

by Tiffany Clemmons '13

On Thursday, July 18, 2013 Sorors Claiborne, Clemmons, Hasty, Jackson, Lewis and Whitaker of Tau Eta Zeta joined over 900 members of Zeta Phi Beta Sorority Inc. and Amicae in Indianapolis, Indiana for the Zeta Organizational Leadership Conference (ZOL). The purpose of the conference was to prepare Sorors to take on leadership roles throughout the Sorority on local, state, regional and national levels and it did not disappoint! This year's ZOL conference was full of firsts... the first national undergraduate retreat, the first public reveal of the new Zeta Phi Beta Sorority Inc.'s secondary logo and image standards, and the first training of Sorors in the new Membership Intake Process. Yes, six of THZ Sorors were added to the National Registry as the first MIP certified Sorors!



(L to R) Sorors Wanda A. Calvin Claiborne, Tamra Jackson, Theresa A. Lewis, Michelle Hasty, Tiffany Clemmons and Kimberly B. Whitaker

THZ Sorors began the long road to ZOL certification months prior to conference by engaging in thought-provoking activities crafted by the National ZOL Steering Committee, which included past International Grand Basilei and National Officers. These activities included: "Developing the Leader Within You" book discussions on conference calls with Sorors from various regions; Completing the Dominance, Influencing, Steadiness, Compliance (DISC) Survey to analyze personal leadership styles (provided by past International Grand Basileus Jylla Moore Tearte's Crystal Stairs consulting firm); Researching Hazing legislation in order to write essays that analyzed Maryland Anti-Hazing law and a proposed federal Anti-Hazing bill that was crafted by Rep. Fredricka Wilson (member of AKA).

By the time they arrived at the opening session on Friday, July 19, 2013, it was safe to say that these Sorors were ready to tackle the rigor of ZOL certification. Reverend Dr. Wendy R. Coleman electrified the crowd with a passionate opening speech that left members of the audience speechless while giving her a rousing standing ovation.

From Friday to Sunday, Sorors embraced the "Go Green" conference style by accessing all conference materials via Guidebook on their laptops, tablets, and smartphones. The Guidebook app provided the participants with real-time content updates, personalized schedules, and feedback surveys. Sorors from all over the country ranging from undergraduates, neophytes, and elected officers engaged in sessions that focused on the following topics:

- Financial Management
- Organizational Efficiency
- Zeta Image
- MIP
- Legal Matters

Aside from workshops, Sorors from Tau Eta Zeta Chapter had opportunities to connect with Sorors from each of the regions. Not only were there amazing networking lunches and dinners, Sorors had a great time visiting The Black Expo, malls (the shoe store had a blue shoe display in honor of Zeta Phi Beta Sorority Inc.) and concerts around Indianapolis featuring the O'Jays and Jill Scott. Despite leaving Indianapolis on July 21<sup>st</sup>, the learning has not ended. THZ Sorors have been working diligently on their ZOL portfolios and presentations to eventually gain full certification in January of 2014. If any Soror would like to review the content that was shared during ZOL, please contact any of the participants.

## THZ Supports the O's

Under the awesome leadership of Soror Brandi J. Smith and the social committee, more than 40+ chapter members and guests came out on August 23, 2013 to cheer on the Baltimore Orioles in a win over the Oakland A's. The game activities began promptly at 7:05 p.m. with the singing of the Star Spangled Banner. It was a beautiful evening in Baltimore and perfect for Adam Jones to hit a two run homer and Brian Roberts hit a grand slam. The game culminated with the O's winning the game with a 9-7 victory and a beautiful fireworks display. The fundraiser was a huge success and we were extremely honored to have support from our sister chapters, Eta Pi Zeta and Lambda Gamma Zeta as well as our brother of Phi Beta Sigma Fraternity Inc.



Soror Lisa Turner (HIIZ), Dawn Kemp (AIZ) and Lisa M. Hudley

## Greek Day Party

Tau Eta Zeta joins fellow members of the Pan Hellenic Council on Thursday, July 4, 2013 at The Place Lounge. With well over 200 attendees, Tau Eta Zeta supported the fundraiser where the \$500 proceeds were donated to House of Ruth Shelter. It was a delight and pleasure of the chapter members to be joined by the Maryland State Director, Soror Danielle R. Green.

Sorors Towanda Harrell-Anderson, Celere Leonard, Josephine Barton, Lisa M. Hudley, Kimberly Whitaker, Joyce Nance-Frierson, Brandi Smith, Nicole Talley (AZ) and Gayle Lyke (AZZ).



## Movie Night @ The Greenhouse

by Roxanne Penix '93

THZ joined the seniors at The Greenhouse Residences at Stadium Place in Baltimore City for Movie Night on Friday, October 25<sup>th</sup>. "Lady Sings the Blues" was the feature movie for the evening. THZ provided popcorn, drinks and snacks for residents and family members while enjoying a memoir of one of Baltimore's greatest singers, Billie Holiday. Other residents that could not make it to the TV lounge were briefly visited and offered refreshments. To effectively implement the Z-HOPE Elder/ Senior Care Initiative, THZ has adopted the Greenhouse Residences at Stadium Place to sponsor entertaining and enriching events for elders and their families.





# Tributes to Soror Dana Coleman

Tomorrow, I, along with my sorors of Zeta Phi Beta Sorority, Incorporated, Tau Eta Zeta Chapter, will say goodbye to our friend, sister, and Soror Dana T. Coleman. You may not have known her but I will say that she was one of the honest, funniest, smartest, and incredible women I've ever known.

In the past, I've done my motivational minutes on the importance of supporting your loved ones living with cancer. Since she shared the news with me about her rare form of cancer, I have been so proactive in finding out more about it and what could be done. I came up with nothing.

What I did find is a new respect for Dana as a mother, daughter, sister, friend and fighter. She was amazing and told it like it was; the best way she knew how!

I will be sad for a while, but I know her spirit will follow me until I join her in heaven.

Please make sure you embrace the loved ones in your life. Tell them that you love them. Don't judge them. Support them always and never shy away from telling them your true feelings. Don't wait until the last minute to tell them that you love them. Tomorrow is not promised.

Dana, I love you so much! I will always carry our private conversations and special memories in my heart forever.

Physically, you are gone but you will never be forgotten.

Lovingly submitted,

Ki Ki '13



I first met Soror Coleman during the summer of 1997 at the University of Maryland Eastern Shore. We connected right away, I take credit for her being a Zeta today. During our Sophomore year, a group of us discussed different sororities and I led the discussion on Zeta Phi Beta Sorority and Dana became intrigued. Our hopes of becoming Zetas during undergrad did not occur because of the chapter being suspended. Our desire did not change therefore we sought membership into the Alpha Zeta Chapter and we were inducted on January 26, 2002.

Our journey in Zeta has been a good one to say the least. Dana loved Zeta and what it means. I remember in March or April she called me to ask me to nominate her back for a 2<sup>nd</sup> term on the Sharon K. Harvey Foundation as a Board member.

The last 11 almost 12 years have been a blessing because not only did I gain membership to the most illustrious organization but I gain a sister for life.



-- Michelle Hasty '02

Dana was not only my Soror, she was my friend. She was one of the first in the chapter to accept me for me, and always instilled in me to be myself. We were roommates at the MD State Leadership Conf. and Boule. Although we argued like sisters the entire time, I would not have had it any other way! We were also going to be roomies during this past Regional Conference, but her illness kept her from attending.

Outside of THZ, me, Dana, and the "crew" road tripped a few times, and hung out locally. She was always sincere in her feelings and treated me kind.

I will miss, "DC", "D-nice", or simply "Dana Dane" for everything she has done and meant to me. I know her spirit will live on in Ciniyah.

-- Tiff P. '08



# 10 Years of Service





## Upcoming Events

- ◆ 12/04/13 – HIV/AIDS Forum
- ◆ 12/14/13 – MD State Executive Board Meeting
- ◆ 12/15/13 – Chapter Meeting
- ◆ 12/17/13 – Deadline for Youth Applications
- ◆ 01/09/14 – Phi Beta Sigma Centennial
- ◆ 01/10/14 – National Executive Board
- ◆ 01/19/14 – Chapter Meeting
- ◆ 01/25/14 – Founders' Day Celebration
- ◆ 01/20/14 – Helping Up Mission
- ◆ 02/01/14 – Heart for the Homeless
- ◆ 02/13/14 – Domestic Violence Workshop
- ◆ 02/16/14 – Chapter Meeting
- ◆ 02/19/14 – "Welcome Home" Sister 2 Sister Night Out
- ◆ 02/23/14 – Finer Womanhood Worship Service
- ◆ 03/16/14 – Chapter Meeting
- ◆ 03/21/14 – MD State Leadership Conference
- ◆ 04/19/14 – Bowling for Babies
- ◆ 04/20/14 – Chapter Meeting
- ◆ 05/18/14 – Chapter Meeting
- ◆ 06/14/14 – Cabaret
- ◆ 07/15/14 – Grand Boule

## Sister Shout Out

Tau Eta Zeta Chapter sends kudos to the following sorors:

- Soror Monika Dillard who was promoted to an Assistant Principal in the Baltimore County Public School System
- Soror Kim Whitaker on the birth of her granddaughter, Tayla
- Soror Brandi Smith stepped out on faith at the Regional Conference at secured a job at Sam's Club
- Soror Theresa A. Lewis for becoming a Diamond Life Contributor



## Sister Prayer Circle

Please send up a special prayer for the following:

- Soror Ellen Douglas Smith's son Steven Battle who is stationed in Afghanistan
- Soror Shakela Battle on her road to recovery
- Soror Elizabeth Kemp Caulder during her high risk pregnancy

## Heart Healthy Recipe

Curried Crab Salad

Makes: 3 servings

Start to Finish 20 mins

### Ingredients

- 2 cups cut-up fresh fruit (such as pineapple, cantaloupe, honeydew melon, and/or strawberries)
- 1 6 ounce package frozen crabmeat, thawed
- 3/4 cup sliced celery
- 1/4 cup light mayonnaise dressing or salad dressing
- 1/4 cup plain low-fat yogurt
- 2 tablespoons fat-free milk
- 1/2 teaspoon curry powder
- 4 cups torn mixed salad greens

### Directions

In a large bowl combine fresh fruit, crabmeat, and celery; set aside. For dressing, in a small bowl stir together mayonnaise dressing, yogurt, milk, and curry powder. Divide salad greens among 3 salad plates. Top with crab mixture and drizzle with dressing.



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